

































March

Monday-Friday 8am-4pm

Monday	Tuesday	Wednesday	Thursday	Friday
 Happy St. Patrick's Day!	1 9:30 Cards & Games 11:00 Exercise with Rhoda 11:00 Wii 10:00 Healthy Bingo 	2 Music with Hermalene 7:00-9:00 \$2 BISCUITS AND GRAVY AARP Taxes 9-12 9:30 Beginner Spanish class 10:00 Grief Support 10:30 Wii 	3 9:30 Cards & Games 10:00 Dollar Store 12:15 Bingo 10:30 Wii 	4 9:30 Cards & Games 11:00 Pictionary 12:00 Dominoes, Mexican Train 
7 AARP Taxes 9-12 9:30 Cards & Games 10:30 Wii 1:00 Shuffle board 	8 9:30 Coolidge Shopping 9:30 Cards & Games 11:00 Exercise with Rhoda 11:00 Wii 	9 Music with Hermalene 7:00-9:00 \$2 BISCUITS AND GRAVY 9:30 Beginner Spanish class 10:00 Grief Support 10:30 Wii AARP Taxes 9-12 12:30 Cornhole & Pizza 	10 9:30 Cards & Games 10:00 -11:30 Alzheimers 12:15 BINGO 	11 9:30 Cards & Games 11:00 Pictionary 10:30 Wii 
14 AARP Tax 9-12 9:30 Cards & Games 10:30 Wii 1:00 Shuffle board/pool 	15 9:30 Cards & Games- Sponsored by Devoted Health 9:30 Healthy Living 10:30 Exercise with Rhoda 1:00 Bunko 	16 Music with Hermalene 7:00-9:00 \$2 BISCUITS AND GRAVY 9:30 Beginner Spanish class 10:30 Grief Support AARP Taxes 9-12 	17 9:30 Cards & Games 10:00 Angel Care Inservice-Erin 11:30 St. Patty's Day Lunch 12:15 Bingo 	18 9:30 Cards & Games 11:00 Pictionary 
21 AARP Taxes 9-12 9:30 Cards & Games 10:30 Wii 1:00 Shuffle board/pool 	22 9:30 Cards & Games 10:30 Exercise with Rhoda 12:00 Jewlery with Doris-\$2.00 1:00 Book Club 	23 Music with Hermalene 7:00-9:00 \$2 BISCUITS AND GRAVY 9:30 Beginner Spanish class 10:00 Grief Support 10:00 Wii AARP Taxes 9-12 	24 9:30 Cards & Games 10:00 Wii 11:00 HOT TOPICS 12:15 Bingo 	25 9:30 Cards & Games 11:00 Pictionary 11:30 Celebrate birthdays- Sponsored by Devoted Health  
28 9:30 Cards & Games 10:30 Wii 1:00 Shuffle board/pool AARP Taxes 9-12 	29 9:30 Cards & Games 11:00 Exercise with Rhoda 11:00 Wii 	30 Music with Hermalene 7:00- 9:00 \$2 BISCUITS AND GRAVY 9:30 Beginner Spanish 10:00 Grief Support AARP tax 9-12 10:00 Wii 	31 9:30 Cards & Games 10:00 Wii 12:15 Bingo 	

Town Of Florence Dorothy Nolan Senior Center

March 2022

	<p>1 BEEF STEW ROASTED BUTTERNUT SQUASH HONEY WHEAT ROLL SEASONAL FRUIT</p>	<p>2 SWEET & SOUR PORK BROWN RICE BOK CHOY SEVEN-SPROUTED BREAD PINEAPPLE CHUNKS</p>	<p>3 ROASTED TURKEY BREAST MASHED SWEET POTATOES PEAS & CARROTS HONEY WHEAT ROLL AMBROSIA SALAD</p>	<p>4 BEEF & BEAN BURRITOS ENCHILADA STYLE RICE FRUIT</p> 
<p>7 ROASTED PEPPER AND BASIL FRITTATA SAUTEED SPINACH SEVEN-SPROUTED BREAD ORANGE</p>	<p>8 CHICKEN CACCIATORE WHEAT PASTA BROCCOLI/ZUCCHINI SAUTEE MIXED GREEN SALAD ITALIAN DRESSING MIXED FRUIT</p>	<p>9 FILET OF SOLE AMANDINE QUINOA PILAF ROASTED BUTTERNUT SQUASH PEARS CHOCOLATE CHIP COOKIE</p>	<p>10 OVEN FRIED CHICKEN BREAST HERBED POTATO BAKE TRIPLE BEAN SALAD BAKED PEACHES</p>	<p>11 CHICKEN PARMESAN CASSEROLE GREEN BEANS FRUIT</p> 
<p>14 BEEF STROGANOFF EGG NOODLE ROASTED BRUSSEL SPROUTS APPLE CRANBERRY CRISP</p>	<p>15 PORK CHOP SUEY ASIAN VEGGIE BLEND COLE SLAW BROWN RICE PINEAPPLE CHUNKS</p>	<p>16 SALISBURY STEAK W/ BROWN GRAVY MASHED POTATOES CAPRI VEGETABLES BANANA</p>	<p>17 CORNED BEEF & CABBAGE RED POTATOES & CARROTS WHIPPED LIME DESSERT</p>  	<p>18 CHILI ROLLS DESSERT</p> 
<p>21 BBQ CHICKEN THIGHS MASHED SWEET POTATOES VEGGIES COLE SLAW PEACHES</p>	<p>22 FETTUCINE AND MEAT SAUCE GREEN BEANS CAPRI FRUIT SALAD GARLIC BREAD</p>	<p>23 CHEESE OMELET TOPPED W/DICED HAM AND PEPPERS ROASTED RED POTATOES SAUTEED SPINACH ORANGE</p>	<p>24 BRAZILLIAN BLACKBEAN SOUP ROASTED BUTTERNUT SQUASH MIXED GREEN SALAD BAKED APPLES ROLL</p>	<p>25 TUNA NOODLE CASSEROLE BIRTHDAY CAKE BREAD</p>  
<p>28 GINGER ORANGE BEEF BROWN RICE ASIAN BLEND VEGGIES MANDARIN ORANGES</p>	<p>29 HERBED BAKED CHICKEN BAKED CUBED SWEET POTAOES BROCCOLI FLORETS BANANA</p>	<p>30 CHILE CON CARNE ZUCHINNI MIXED GREEN SALAD SEASONAL FRUIT</p>	<p>31 MEATLOAF W/GRAVY MASHED POTATOES CARROTS TROIUCAL FRUIT OATMEAL RAISIN COOKIE</p>	

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK**

** NUTRITIONAL INFORMATION IS AVAILABLE AT THE SENIOR CENTER *Thank You for your donations. Meals are provided in part by Pinal Gila Council Older Americans Act and The Town of Florence Under the Americans with Disabilities Act,*

Town of Florence must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity

*Lunch is served at 11:30. Must **make reservations by Tuesday at 12:00pm for the following week.***

Suggested donation is \$4.00. Please be at the center by 11:00 for your meal